


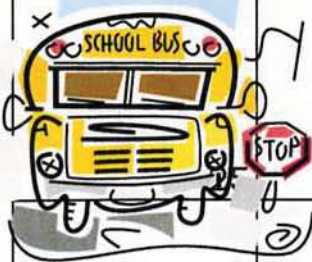



August 2010 Events Calendar

Upstate Karate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karate Kamp Available 1	 2	3	 4	Ask about our After School Pick Up!!! 5	Jr. BBC Weapons Bo/Kelbos 6	SPARRING CLASS 7
Karate Kamp Available 8	Pre Test Week 9	Pre Test Week 10	Pre Test Week 11	Pre Test Week 12	Pre Test Week 13	Exams All Dragons 9 am All Kids 9:30 am All Teens/Adults 10:30 am 14
Make sure your child is signed up for our After School Program!!! 15	 16	17	18	19	Jr. BBC Weapons Bo/Kelbos 20	SPARRING CLASS 21
BBC Weapon of the Quarter: Keibos 22	23	24	 25	26	Jr. BBC Weapons Bo/Kelbos BBC Event 7:10pm TEA 27	SPARRING CLASS 28
Welcome Back to School 29			30	31	Jr. BBC Weapons Bo/Kelbos 6	 7

Developing the Winner Within in 2010